



Relaxation Centre

WAXING PRECARE

Hair needs to be at least 1/2cm long before it can be successfully removed by waxing. Eyebrows we can tweezer the shorter ones to make the brows nice and tidy.

Please refrain from using AHA, BHA products and Retinols a minimum of 3 days prior to a facial wax. Ideally 7 days.

If you have had a facial peel or treatments please confirm with the provider how long after you can have a wax.

Please shower prior to your appointment for body waxing, where possible. We do have wipes available for intimate areas should this be required.

Remember wax can sometimes have a mind of it's own, so please do come in your 'waxing' pants or we can supply disposables to keep your favourite undies pristine.

Please rearrange if you have been sunburnt and requesting facial waxing.

WAXING AFTERCARE

Following your **Waxing Treatment** with us we would like to advise you of the recommended aftercare to optimise the results of your treatment;

Following a waxing treatment it is normal to experience erythema (redness) and slight soreness, if these symptoms persist please call us.

We recommend that you keep the waxed area clean and avoid friction for the next 24-48 hours.

Avoid direct heat to the area, including sauna, steam room, jacuzzi's for the next 24-48 hours

Avoid exposure to UV Light for the next 24-48 hours.

Do not have any massage treatment for the next 24-48 hours.

Fake Tan should not be applied to the area immediately after tanning.

No swimming for the next 24-48 hours.

Deodorant or anything perfumed should not be applied to the area that has been waxed for 24-48 hours as this could make the area very sore.

Make-up should be avoided following facial hair removal for that day although mineral make up is fine.

Tight clothing should be avoided following any waxing treatment for 24-48 hours as this can aggravate the area that's been waxed.

Waxing removes dead skin so the skin may be a little lighter immediately following treatment but colour will return to normal within a few hours.

Dry brush the area that has been waxed a couple of times a week. Get a brush that you would scrub your back with made from wood and bristle. Just before you step into the bath or shower, take the dry brush and brush your skin whilst it's dry. We do sell these too they are £9.95 ☺

A heat reaction may be seen on the skin for several hours following treatment and this is quite normal. This will vary from a mild redness to a much stronger skin reaction and some people have red dots on the waxed area for several hours.

If any spots or rashes persist for more than a week, or become infected, Please consult with your GP.

If the aftercare advice given is followed the skin will return to normal within 24 hours. If the reaction is still present after this time or worsens, it may be that you have had an allergic reaction to the wax, and you should seek medical advice from your GP.

Preventing ingrown hairs

In grown hairs occur when a new hair can't break through the surface of the skin and curls back into the pore instead, often resulting in a spot. Shaving and waxing can often exacerbate the situation, but there are things that you can do.

Starting a few days after your appointment, gently dry brush the skin 2 or 3 times a week or use a gentle exfoliator. Using an antibacterial body wash will also help. Moisturise the area every day, which will keep the skin supple and help new hairs to break through.

We also offer a salicylic roller for those clients who have a tendency for in growers, these are £10.95

Other information

You may notice a small amount of regrowth after a week or so. It can take upto 4 treatments for your hair to get on a growth cycle that gives best results.

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Please do not shave between your appointments.

To maintain your smooth appearance, I would recommend regular waxing every 4-6 weeks.

CANCELLING - If you need to cancel/amend your appointment for any reason we request a minimum of 24 HOURS NOTICE. In the event, you need to cancel less than 24 hours before or you miss your appointment, 100% of the treatment cost will be required. At our discretion, If we manage to fill your appointment slot at short notice, we may add part or all of the cancellation fee charged as a voucher to be used at a later date.

Contact us:

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