



Relaxation Centre

LED PRECARE

Precautions and contra-indications for LED Light Therapy.

There are some instances and some conditions in which LED Light Therapy may prove unsuitable for an individual. This is because certain medications or medical conditions make skin sensitive to the light produced during treatment.

If you suffer or are prescribed the following, then we will need to chat to you prior to appointment:

Porphyria	(treatment not suitable for you)
Lupus Erythematosus	(treatment not suitable for you)
Photosensitive Eczema	(treatment not suitable for you)
Albinism	(treatment not suitable for you)
Epilepsy or seizures	(treatment not suitable for you)
Light sensitivity	(treatment not suitable for you)
Migraines brought on by light	(treatment not suitable for you)
Are you prescribed the Anti Arthritic drug Ridaura or Gold 50?	(treatment not suitable for you)
Statins	(treatment can be performed as long as no reported photosensitivity)
Roaccutane or oral retinols	(treatment not recommended during treatment or for 12 months after)
Anti-Inflammatory topical gels or cream	(no treatment over treated area)
Anti-Arrhythmic Medication	(can have treatment at your discretion)
St Johns Wart or other herbal remedies	(may cause light sensitivity)
Steroid or Cortisone Injections	(treatment not recommended)

CANCELLING - If you need to cancel/amend your appointment for any reason we request a minimum of 24 HOURS NOTICE. In the event, you need to cancel less than 24 hours before or you miss your appointment, 100% of the treatment cost will be required. At our discretion, If we manage to fill your appointment slot at short notice, we may add part or all of the cancellation fee charged as a voucher to be used at a later date.

Contact us:

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