



Relaxation  
Centre

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## RELAXING FACIALS

### Express Facial - 30 minutes - £35 s / £30 t

A purifying treatment for your skin; double cleanse, toner and exfoliation. Then relax with a cooling mask and enjoy a hand or head massage while the mask rebalances your skin. Moisturiser and eye cream applied to finish.

### Teen Facial (11yrs - 16yrs) - 30 minutes £35 s / £30 t

A thorough double cleanse, toner, exfoliation and extraction. A refreshing mask to soothe and reduce redness will be applied before finishing with moisturiser. All products used will be chosen by the therapist to meet your skin's needs. Skincare advice provided.

### Clean and Pure Facial - 1 hour £55 s / £45 t

A purifying treatment for your skin; double cleanse, toner, exfoliation. Enjoy a shoulder, neck, head and facial massage with tailor-made oils to release tension and toxins. Relax further with a cooling mask and enjoy a hand or foot massage while the mask rebalances your skin. Moisturiser and eye cream applied to finish.

### GuaSha Facial - 30 minutes £40 1 hour £60

Facial Gua Sha is a massage technique designed to relieve tension in the muscles of the face, boost blood circulation, and encourage lymphatic drainage. Incorporated in your facial this facial is relaxing and can also give a lifting effect and radiance.

### Uplifting Facial - 1 hour £60

A full facial with gentle pressure movements using aromatic oils to help enhance your skin tone. This treatment invigorates and refreshes facial contours by lifting the facial muscles back to where they should be, on most occasions showing immediate lifting results. It may also relieve stress.

### Ultimate Indulgence - 1 hour 30 minutes £80

Whether you have health or medical conditions or just want to relax, the massage throughout the whole facial is aimed at total relaxation with the use of hot and cold stones to stimulate and refresh the skin. This facial is a custom-made treatment to enjoy with any needs with the use of aromatherapy oils mixed during your appointment. Enjoy the silky smooth application of cleansing, toning and mask products with brushes and their removal with hot towels. During your treatment, you will also receive a hand and foot massage while your mask is on. Moisturiser and eye cream are applied to complete the facial.

s = Senior therapist

t = Therapist



## TREATMENT FACIALS

Skin Consultation - 15 Minutes £0

Skin Consultation - 30 Minutes £20

Just need advice or unsure what treatment or products are right for you? Bring us your concerns and existing products, and together we will find you the path to better skin.

## NON-SURGICAL FACELIFT

With the combination of faradic and microcurrent, our machine can get to every muscle in the face. Giving you the results you crave without having to go under the knife. This treatment lifts, re-shapes, defines, and firms the face. Let us treat you to a FREE 15-minute eye lift to prove how fantastic this machine truly is.

Lift and Tuck - 45 minutes £48s / £44t

Lift & Tuck Maintenance - 30 minutes £45s / £40t

A course of 6 over 3 weeks £275

A course of 12 over 6 weeks £520

Enhance treatments with:

AlumierMD Retexturing Mask or Moisture Mask £15

Celluma LED £20

## MICRODERMABRASION

Our machine isn't like others, it does more wonderful things to unwanted imperfections. It can be used on both the body and face by controlling the vacuum suction, grains, pressure and suitable interchangeable heads. Any area or skin condition can be treated; eczema, pigment, exfoliation, scarring, stretch marks, congested pores, lines and wrinkles, and even rosacea.

T-Zone Dermabrasion £25 Add on to a facial £15

Basic Dermabrasion £40 Add on to a facial £20

Organic Skin Polish £50 Add on to a facial £25

Combined Dermabrasion & Polish £60 Add on to a facial £30

## LED LIGHT THERAPY

Celluma LED - 30 Minutes £35 Add on 20 Mins £20 - Also available to hire

The Celluma LED lamp is CE Certified, scientific evidence to support its use for acne, collagen stimulation and wound healing. Healthy collagen levels are what give us a glowing



## TREATMENT FACIALS

### ALUMIERMD PEELS

Alumier MD peels are a form of chemical exfoliations infused with unique ingredients designed to target your skin concerns whilst resulting in a stronger healthier appearance. All AlumierMD treatments begin with a purifying cleanse to remove all environmental impurities from the skin and a wipe with a balancing solution to fully prep the skin ready for treatment. A mask to suit your needs and desired outcome will start your treatments.

#### AlumierMD basic resurfacing or deep moisturising treatment £40

##### AlumierMD introductory peel £65 Course of 3 £175

A light depth peel to target one element.

Post Procedure Kit is supplied to use for the following week Cleanser, Recovery Balm & SPF.

##### AlumierMD enhanced peel treatment £90 Course of 3 £225

A multi-layer/treatment peel with a leave-on treatment will be applied to further enhance your light depth peel.

Post Procedure Kit is supplied to use for the following week Cleanser, Recovery Balm & SPF.

##### Glow peel treatment £120 Course of 3 £320

A glow is a combination of lactic acid, salicylic, and resorcinol, which creates a multi-purpose resurfacing treatment with minimal downtime, that pulls active ingredients deeper into your skin resulting in strengthening your skin cell structure whilst helping to curb your imperfections. Traditionally known as a half Jessner peel, a light to medium depth multi-layer peel. Post Procedure Kit is included; Cleanser, Recovery Balm & SPF

Your therapist will choose from the following to tailor your peel treatment:

Vit A pure retinol and lactic acid treatment to reduce fine lines, wrinkles, and age spots, as well as resurfacing the skin resulting in smoother touch.

Detox Clear An antibacterial skin clearing, and healing solution formed of lactic and salicylic acid to reduce acne, minimise pores, lifts ingrown hairs, and strengthen skin cells.

Radiant 20/10 A resurfacing multipurpose peel treating acne, hyperpigmentation, uneven skin tone, congestion, open pores, and oiliness whilst leaving you with a radiant glow.

Radiant 30 A multifunctional peel to target fine lines, wrinkles, sun damage, and discoloration leaving you with younger, plumper-looking skin.

We stock the full range of AlumierMD medical-grade cosmeceutical home care products.

There is also the opportunity to purchase online after a consultation. [www.alumiermd.co.uk/join?code=B429C2D6](http://www.alumiermd.co.uk/join?code=B429C2D6)



## SMART MESOTHERAPY FACIALS - NO NEEDLE

SmartMeso is a non-invasive and pain-free breakthrough in transdermal technology delivering serums full of vitamins and nutrients deep into your skin via 25 individual hollow micro tips. Thus creating optimum effectiveness resulting in faster and improved results for rejuvenated, hydrated and healthier, firmer smoother skin. This is further enhanced with electroporation technology for deep dermal penetration of serums.

### Benefits:

Dramatically hydrates the skin.

Stimulates collagen.

Improves skin absorption by 84%.

Non-invasive and pain-free.

### Hyaluronic Acid & Vitamin C Smart Messo Facial Single - £70 £375 course of 6

Skin rejuvenating, anti-wrinkle and anti-aging. Perfect for all skin types and the under 30's. Our go-to Smart Meso facial full of vitamins.

### Dermaheal HSR with 1% Hyaluronic Acid & Vitamins Facial Single £100 £500 course of 6

Skin rejuvenating, anti-wrinkle, anti-aging and instant hydration (moisturization). Our go-to facial for the discerning over 30's.

## MESOTHERAPY - TRADITIONAL NEEDLE METHOD

A technique that involves microinjections of therapeutic substances into the skin to allow active and essential ingredients to come into direct contact with the dermal fibroblast cells and also benefiting the metabolic processes. A series of treatments will be required approximately every two weeks, although in some cases improvement is seen immediately. CE-certified Nano-soft needles are used for their comfort and effectiveness, along with a single needle for general nappage. All treatments are using clinical and CE-certified products. Starting with a light peel before the mesotherapy followed by a Filled hyaluronic hydrating mask (or eye maks) and time under the LED lamp.

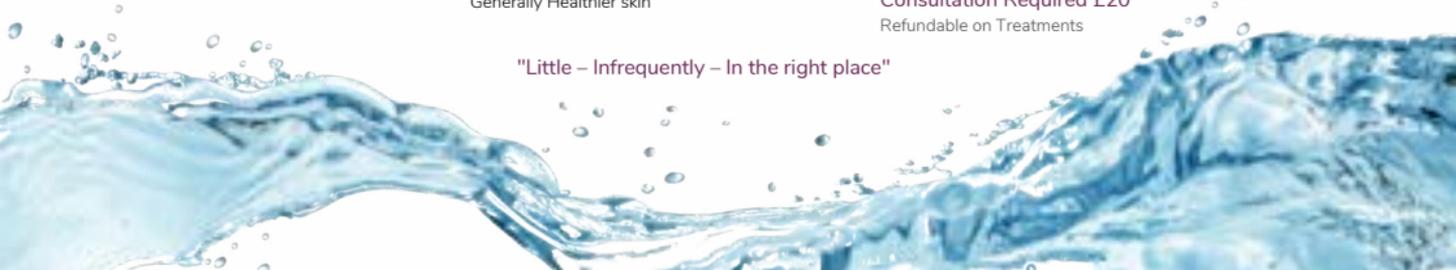
### How will Mesotherapy benefit me:

Hydration of the skin  
Prevention of skin aging  
Skin Rejuvenation  
Hair Restoration

Dark circles under the eyes  
Fine Lines & Wrinkles  
Reduce pore size  
Pigmentation  
Generally Healthier skin

Prices from £150  
Face & Neck £225  
Face, Neck & Décolleté £300  
Consultation Required £20  
Refundable on Treatments

"Little – Infrequently – In the right place"



## MEDICAL/MICRO NEEDLING

### What is Medical/Micro-Needling?

A non-invasive and non-ablative procedure for the face and body to induce collagen through the controlled injury to the skin. A fine needle or small collection of needles form a micro wound or channel in the skin, but, causes minimal damage to the skin. This triggers the body to produce more collagen, through the natural wound healing process.

A series of treatments will be required, although in some cases improvement is seen immediately. Together we will agree to a treatment plan and review along the way to ensure we get great results. All treatments are using clinical and CE certified products and equipment.

Starting with a light peel before the needling procedure, followed by a Fillmed hyaluronic hydrating mask and time under the Celluma LED lamp is our normal procedure.

### How will Medical/Micro Needling benefit me?

- Natural induction of Collagen
- Prevention of skin aging
- Skin Rejuvenation for tone and texture
- Regeneration around the eyes
- Diminish fine lines and wrinkles
- Lift, tighten and thicken the skin
- Restoring a more youthful appearance
- Treating Acne
- Treating Rosacea
- Reducing scar tissue
- Treating UV Damage
- Acne scarring reduction
- Stretch Mark reduction
- Hair restoration
- Generally Healthier skin

Prices from £150

Face & Neck £225

Face, Neck & Décolleté £300

Consultation Required £20

Refundable on Treatments



## A|C|I|O|R® PLASMA PEN

Treatment with the A|C|I|O|R® Cosmetic Corrector is the gentle alternative to skin tightening surgery. The combination of plasma and LF+ technology, currently makes the plasma pen unique, worldwide. This is an especially gentle and low-pain procedure that achieves incredible, permanent results – immediately with rapid healing. Additionally, due to continued tightening after the treatment, we see vast further improvements.

### Benefits:

- Skin tightening: upper and lower eyelids, soft facelift, throat and tummy lift.
- Reduction of wrinkles and uneven surfaces: e.g. perioral wrinkles, worry lines, nasolabial folds, forehead
- Reduction of unsightly pigmentation: e.g. age/sun spots, liver spots and moles.
- Scar reduction/improvement.
- Removal or correction of semi-permanent make-up.
- Removal of skin tags.
- Removal of small tattoos.
- Removal of Verruca.

Eye Lid Lift\* from £150

Lower Eye Lift\* from £150

Crows Feet\* from £100

Frown Lines\* from £125

Glabella\* from £100

Skin Tag Removal from £45

Pigment Removal from £25

Consultation £20

refundable on treatment



### Plasma Shower Facial - 1 hour 30 Minutes £150 £350/3

Covering the whole face and with quicker healing times this is a perfect solution for tightening and lifting the skin. The original 'dotting' technique can be added to targeted areas if agreed. Completing the treatment is a rich cocktail of hyaluronic acid and vitamins applied and the remaining serum taken for home application.

Patch test\* required 2 weeks prior to treatments, with the exception of certain areas being treated.

Some treatments can be combined, pricing available at consultation. Many other areas can be treated on the body; hands, tummy, arms etc. Please ask for further details.

Preparation and aftercare are paramount to this treatment for the best results.

## LASER HAIR REMOVAL

DIODE SHR technology How long does the treatment take? Depending on the size of the area to be treated, the time varies from 5 to 30 minutes: Up to 3 x faster than traditional laser or IPL. What is Laser Hair removal with S.H.R.? Super Hair Removal is the latest laser technology for the removal of unwanted hair. Safe and can be pain-free, an S.H.R. treatment gently heats up the target hair follicle to cause terminal damage and prevent hair re-growth. Super fast and efficient, an S.H.R. treatment is concluded in a matter of minutes. Most areas are treated using a sweeping action with the applicator repeatedly over the treatment area ensuring full coverage while simultaneously cooling the skin surface - preventing superficial burns and allowing for a pain-free, yet highly effective and fast hair removal. Who is it Suitable for? All Skin Types. S.H.R. is the safest hair reduction option for dark-skinned clients and the most effective option for fair-haired clients, even if you have a tan, so hair can be treated all year round.

### Laser Consultations £20

A thorough medical consultation including a test treatment including the procedure explained to you in detail and agree on a personal treatment plan right for you. Refundable on the purchase of a course of 6 sessions within 7 days.

### Micro Area £24 / £120 6 sessions

eg. Lip, Monobrow, nipple, chin

### Small Area £ 49 / £245 6 sessions

eg. Underarm, Extended chin, Standard Bikini  
Hands/Fingers, Feet/Toes, Sideburns, Crack, Nape

### Medium Area £89 / £445 6 sessions

eg. Extended/Full Bikini, 1/2 Leg, Arms, Beard,  
Buttocks, Upper Chest, Shoulders, Tummy

### Large Area £129 / £645 6 sessions

Full Leg, Full Back, Full Chest/Tummy, Full Bikini (Front/Back)

### Combination Packages:

Small, Medium & Large Area  
£240 / £1200 6 sessions

Medium x 2 & Small Area  
£ 200 / "995 6 sessions

Large x 2 & Small Area  
£280 / £1400 6 sessions

Everybody is different shapes and sizes and areas of hair, we will adapt pricing accordingly to your needs.



## WAXING

Waxing is a very effective method of hair removal because it removes hair from the root, so hair grows back slower and finer in contrast to shaving. We use the top hot waxes on the market, for all intimate, facial and underarm waxing without an extra charge. This ensures a quick comfortable and thorough wax. Our roller wax is used for larger areas and is quick and efficient. For best results wax every 4 weeks and exfoliate and moisturise between waxes. Please ensure your hair is at least 5mm long for the best results.

No sunbeds, exercise or exposure to extreme heats for 24 hours after waxing.

1/2 Leg £18 s / £16 t

3/4 leg £20 s / £18 t

Full legs £27 s / 23 t

Standard bikini £15 s / £12 t

Extended bikini £18 s / £14 t

G-String bikini £22 s / £18 t

Brazilian bikini £30 s / £25 t / T\* or Male £38 s

Hollywood bikini £32 s / £27 t / T\* or Male £45 s

Buttocks & crack £30 s

Underarm £15 s / £12 t

Forearm £20 s / £16 t

Full arm £25 s / £22 t

Eyebrows £12 s / £10 t

Lip £9 s / £8 t

Lip & eyebrows £18 s / £15 t

Chin £9 / £8 t

Chin & eyebrows £18 / £15 t

Lip & chin £14 s / £12 t

Lip, chin & eyebrows £23 s / £20 t

Nostrils or Ears £12 s

Ears, nose & brows £22 s

Chest £30 s / £25 t

Back & shoulders £30 s / £27 t

Back £25 s / £22 t

Shoulders £18 s / £16 t

Wax Combination - 1 hour £65 s / £55 t / T\* or Male £75

Full leg wax, any bikini wax, eyebrows, under arms

Full Body - 2 1/2 hours from £175

Full leg, any bikini, back, chest, under arms, full arms, face

Under 15s 1/2 leg £12 t

Under 15s underarm £10 t

T\* Please choose this if presenting with male genitalia to ensure we have enough time and correct therapist for your treatment

s = Senior therapist

t = Therapist



## MASSAGE

Massage is a way to relieve mental and physical stress from work or home, a time to relax and forget about all the other things around you. Massage is a great stress-busting method whilst rewarding for your physical body and also your health. It improves health by acting directly on the body's muscular nervous, circulatory and immune systems.

Best for: aiding relaxation, releasing tense muscles, reducing stress, relieving physical discomfort or pain, improving circulation and immune system functionality, relaxing the mind, improving blood flow and increasing the overall feeling of well-being.

Massage Booking Information: Please note our times noted are approximate for your actual massage, we automatically add an additional time .to enable you to undress/dress and relax. Our full-body massages are approximately 20 minutes on the back, if you require longer it will be classed as a custom massage and will be charged appropriately. Should you have a medical condition, please do make us aware of this at the time of booking as some conditions may prevent us from massaging you.

### Swedish Massage

Back, Neck and Shoulder £35 s / £30 t

Full Body - 1 hour £49 s / £44 t

### Deep Tissue Back, Neck and Shoulders

Deep tissue massage uses slow, firm strokes and pressure to ease and release tension deep in your muscles to work the deeper layers of muscle tissue.

Back, Neck and Shoulder £35

Full Body - 1 hour £60

### Hot Stone Massage

A hot stone massage is a fabulously relaxing and intense massage that uses smooth, heated volcanic stones. It is a deeply soothing, relaxing form of massage using a combination of hands warmed from the stones and volcanic stones which are then placed around the body as they cool. The added heat helps release tight muscles as the heat penetrates deeper into the muscle tissue.

Back, Neck and Shoulder - 30 minutes £42 s / £36 t

Full Body - 1 hour £52 s / £46 t

Full Body - 1 hour 30 minutes £75 s / £60 t

### Aromatherapy Massage

Aromatherapy is a holistic treatment, restoring balance to mind and body, as well as its specific use in treating a wide range of symptoms.

Essential oils are pure, concentrated plant extracts obtained specifically for their fragrance and therapeutic value and blended with base oil to create a tailored oil to suit your personal requirements. It can be comforting and soothing or stimulating and energising, helping to let go of toxins from the body.

Back, Neck and Shoulders - 30 minutes £38

Back, Neck and Shoulder with Hot Stones - 30 minutes £46

Full Body - 1 hour £54

Full Body with Hot Stones - 1 hour £58

Back, Neck and Shoulders with Preblended oils - 30 minutes £30 t

Full Body with Preblended oils - 60 minutes £44 t

s = Senior therapist  
t = Therapist





### **Pregnancy Massage**

A gentle massage to relieve those aches and revitalise those tired muscles whilst pregnant. Your therapist will massage the areas that need attention eg: legs, back, bump, shoulders. Custom Massages POA If you require a combination of massages, a massage for two as a special treat or maybe it is just your legs that are aching and need some TLC. Chat to our therapists and they will book the appropriate time and create the perfect solution for you.

**30 Minutes Massage £35**

**60 Minutes Massage £49**

### **Oncology Massage**

Oncology massage is the modification of existing massage therapy techniques to safely work with complications of cancer and cancer treatment. Anyone who has ever received cancer treatment, from those in active treatment to those in recovery or survivorship, as well as those at the end of life

**30 Minutes Massage £35**

**60 Minutes Massage £49**

### **Fire Cupping**

Fire Cupping is a form of Chinese medicine where heat is added to a glass cup causing a vacuum effect when applied to the skin. The cups may be placed on the body and left in one spot for an amount of time or moved around on the skin in a gliding motion.

The aim is to dispel stagnant blood and lymph, thereby improving the flow of Qi.

**30 Minutes Massage £40**

**60 Minutes Massage £60**

### **Lava Shell Massage - 55 Minutes £55**

The hot lava shell massage will soothe aching muscles and encourages the muscles to deeply relax and therefore re-energises the body

### **Lymphatic Drainage Massage - 30 minutes £35 1 hour £49**

Lymphatic drainage massage uses very light pressure combined with soft pumping movements in the direction of the lymph nodes to boost the immune system. As well as helping the body ward off illness, treatment can assist general feelings of health and vitality. It also has a positive physical effect, improving the appearance of the skin and reducing puffiness caused by water retention or poor circulation.

### **Head to the Clouds - 30 minutes £35 s / £30 t**

A head, shoulder and neck massage. To simulate, manipulate, soothe and relax.

### **Indian Head Massage - 45 minutes £38 t**

A head, shoulder and neck massage. To simulate, manipulate, soothe and relax. Great for relieving headaches, migraines tension etc.

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### **Reflexology Foot Mapping - 60 Minutes £49 30 Minutes £35**

Foot mapping is a gentle and effective therapeutic treatment applied to the feet. Considered to be a holistic technique, it aims to treat the individual as a whole, to induce a state of balance and harmony in body, mind and spirit. It is based on the belief that there are reflex areas on the feet corresponding to all the parts of the body including major organs. The therapist stimulates and works these organs and systems through the reflexes, applying pressure to the feet with thumb and fingers.

### **Hopi Ear Candles - 45 minutes £40 Add On £20**

A relaxing treatment for adults and children. Ideal when that cold just won't go or your head feels blocked. A lit ear candle, impregnated with essential oils, is held in your ear and burned down giving a relaxing warmth in your ear. Relax further and enjoy a facial lymphatic drainage which helps to further clear the sinuses.

## **BODY TREATMENTS**

### **Lime & Walnut Treatment - 1 Hour £55**

The ultimate heavenly head-to-toe body ritual will help to ease away the stresses of life. Cocooning the body in a comforting foil wrap, followed by stress releasing face and scalp massage. Stimulating lime oil and crushed walnut shell will deeply exfoliate, whilst shea butter helps to nourish and hydrate the skin. A delightfully relaxing massage using warm aromatherapy oils to target areas of tension or stress, reenergises and restores vitality resulting in skin that will be left beautifully nourished and exceptionally soft all over. Invigorating, stimulating, uplifting, detoxifying

### **Coconut & Lime Body Ritual - 1 Hour £55**

By cocooning the body in a comforting foil wrap, the Conditioning Coconut Ritual treatment offers ultimate indulgence for both the skin and senses. The warm Coconut Oil when applied to the skin will nourish and condition whilst enveloping the room with an exotic aroma. This coconut ritual is a comforting and deeply nourishing treatment. While the lime essential oil is a powerful antioxidant that supports healthy immune function. Will help promote emotional balance and well-being.

### **Back Bliss - 1 hour £48 s / £44 t**

This is a back treatment, which is generally the hardest area to reach ourselves, in this treatment, you can expect a cleanse, buff topped off with a massage using jojoba oil with lavender and tea tree essential oils.

### **Body Scrub & Moisturise - 30 minutes £35 s / £30 t**

A body buff, scrub using sea salt and aromatherapy oils, hot towel removal finished with warmed moisturiser.

### **Posh Wash - 1 hour £48 s / £44 t**

A body buff, scrub using sea salt and aromatherapy oils, hot towel removal finished with warmed moisturiser. We will even encase your hands and feet in paraffin wax and tuck them in heated booties.

s = Senior therapist

t = Therapist



## MANICURES & PEDICURES

### IBX Nail Treatment - £20 s / £18 t

A treatment that penetrates the layers of the nail, which can fuse the upper layers together and add strength to the natural nail. Perfect for weak, thin or damaged nails to encourage healthy growth. Includes file and cuticle tidy.

### File & Paint Finger or Toe Nails- £20s / 17t

Nails shaped, hand moisturise followed by a shape and buff of your nails. Painted single colour or buffed to s shine.

### Mini Manicure - £25 s / £20 t No Polish £20 s / £17 t

Cuticles tidied, nails shaped, hand moisturise followed by a shape and buff of your nails. Painted single colour.

### Full Manicure - £32 s / £28 t ADD Gel Polish £10 No Polish £25 s / £20 t

Nails are shaped and buffed, cuticles soaked, tidied and nourished before exfoliation and a hand massage is given. Painted single colour.

### Deluxe Manicure - £42 s / £38 t ADD Gel Polish £10 No Polish £35 s / £30 t

Nails are shaped and buffed, cuticles soaked, tidied and nourished before exfoliation and a hand massage is given. Tuck your paraffin hands away in heated mitts before your nails are painted a single colour.

### Mini Pedicure - £25 s / £20 t No Polish £20 s / £17 t

Foot exfoliation and moisturise followed by a trim and file. Painted single colour.

### Full Pedicure - £35 s / £29 t ADD Gel Polish £10 No Polish £28 s / £23 t

Hard skin reduced using mechanical file, cuticles tended, toenail trim and file. A foot and calf massage. Painted single colour.

### Deluxe Pedicure - £45 s / £40 t ADD Gel Polish £10 No Polish £40 s / £35 t

Hard skin reduced using mechanical file, cuticles tended, toenail trim and file. Exfoliation scrub before your feet are encased in paraffin wax and snuggled in the heated booties A foot and calf massage before your nails are painted single colour.

### Toe nail Trim & File £15

### Mechanical Hard Skin Removal £15

### Gel Polish Removal with above £5

## GEL POLISH

Gel Polish with Shellac, Gel Bottle or Premier Gel for fingers and toes. High gloss finish that is immediately dry lasting for at least 14 days, most client's polish can last around 3-4 weeks. Includes nail shape, cuticle tidy and preparation of fingers or toes.

### Single colour £31 s / £27 t

### Single colour removal & re-application £34 s / £30 t

### French finish £34 s / 30 t

### French finish removal & re-application £37 s / 32 t

### Add strengthening layer BIAB £3

### Add IBX treatment £5

### In salon removal with IBX treatment £18

### Removal with file and buff £10

### Nail Emergencies £5

All nail repairs will be charged at £5 per nail after 48 hours of application

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t = Therapist





## EYE TREATMENTS

Getting your eyebrows in great shape with a wax and tint to define your face. Not only for holidays when you can swim without worrying about pencil, mascara or your lashes running, you can wake up looking gorgeous every day.

**Eyebrow wax £12 s / £10**

**Eyelash tint \* £18 s / £16 t**

**Eyelash and eyebrow tint \* £20 s / £17 t**

**Eyebrow tint \* £9**

**Eyebrow tint and wax \* £18 s / £16**

**Eyelash tint, eyebrow tint and wax \* £25 s / £22 t**

## EYELASH EXTENSIONS \*

Semi-permanent lash extensions that give longer, thicker, very natural looking lashes. Soft and curved, just like natural lashes and applied individually for a striking and defined result. Keep your lashes full or further enhance fullness with a fill within 3 weeks. We offer classic lashes here and

**Eyelash Extensions £60**

**Eyelash Infills - 20 mins fill + prep & finish £28**

**Eyelash Infills - 30 mins fill + prep & finish £38**

**Eyelash Extension removal £15**

## ELLEEBANA LASH LIFTS \*

Lusciously lifted lashes in the blink of an eye! This treatment creates the illusion of longer looking lashes, opening the eyes and enhancing the natural look. Suitable for short or long eyelashes with lasting sumptuous effect.

**Lift only £38 s / £34 t**

**Lift & tint £45 s / £40 t**

- Patch test required a minimum of 48 hours prior to treatment.

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## PACKAGES & IDEAL GIFTS

Mum to Be Package – 2 hours £95

30 Minute pregnancy massage, facial massage, & hydrating mask with a full pedicure finished with gel polish

Tender Love and Care - 2 hours 30 minutes £110

Full body massage and our ultimate indulgence facial. This is suitable for all, including oncology and pregnant ladies.

Men's Escape Package – 1 hour 30 minutes - (Standard) £80

Deluxe (includes wax/tidy of brows, ears & nostrils) £90

Relaxing back, neck & shoulder massage, dermabrasion and hydrating mask, file and shape to fingers & toenails.

Teen Pamper Package (11-16-year-olds) - 1 hour 30 minutes £70

Facial, mini pedicure with Vinylux polish, file and paint to fingers.

Pamper Morning - 2 hours £90

Back, neck and shoulder massage, mini facial, mini manicure, mini pedicure with Vinylux polish.

Available Tue-Fri 9 am-2 pm only.

Pamper Morning - 2 1/4 hours (gel finish to both) £110

Back, neck and shoulder massage, mini facial, mini manicure, mini pedicure finished with gel polish to both.

Available Tue-Fri 9 am-2pm only.

Bridal Skin Preparation Package £400

1 x Alumier introductory peel or Smart mesotherapy vitamin C facial with basic dermabrasion one a month for 6 consecutive months in the lead up to your wedding day.

Ultimate Indulgence with Hopi Ear Candles – 1 hour 30 minutes £95

Back, Neck & Shoulders with Hopi Ear Candles - 1 hour £60

Back, Neck & Shoulder with Express Facial - 1 hour £55 s / £46 t

Full Body Massage with Express Facial - 1 hour 30 minutes £75 s / £60 t

Clean and Pure Facial with Back, Neck and Shoulder Massage - 1 Hour 30 minutes £75 s / £60 t

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## ABOUT US

All our therapists are fully qualified, insured, and trained in the treatments they perform. We always aim to place you with the most skilled therapist for your requested treatments unless a particular therapist is requested. We have a very flexible approach to almost everything and each therapist may perform treatments differently from another. Priority is that you are getting the treatment your body needs and sometimes your therapist may advise changing your choice to something more appropriate. We are open to creating treatments specifically aimed at your needs, so please do ask and I'm certain one of us will be able to create the perfect solution. You will see that we have two rates available depending on the experience of our therapists if you are price conscious.

**BOOKING** - You can request an appointment via our website, email, or call us. Please try to avoid social media for booking as these can be easily missed when we are busy.

**CANCELLING** - If you need to cancel your appointment for any reason we request 24 HOURS NOTICE. In the event you need to cancel less than 24 hours before, 50% of the treatment cost will be required or if you miss your appointment, 100% of the treatment cost will be required before your next appointment. A deposit may be required to book appointments exceeding a 1-hour duration at busy times. Less than 2 hours or missed appointment 100%.

**PHONES** - Please ensure your mobile phone is on silent or switched off whilst in the salon.

**TIMINGS** - All times listed are approximate times and may include client preparation.

**CHILDREN** - Some treatments may be unsuitable for a child to be present. We offer a relaxing environment and any children brought into the salon would be required to sit quietly during your treatment, due to other relaxing clients being present. It is recommended you find childcare arrangements to ensure you and other clients enjoy their quality time relaxing.

**MEDICAL** - Some medical conditions may prevent some treatments from being suitable for you eg pregnancy, cancer, diabetes. If you have a medical condition please do ask a therapist for guidance before your appointment to ensure we help select the right treatments/therapist for you.

**CALLING US** - As we do not have a dedicated receptionist to keep your costs down, it is necessary for us to use our answerphone when we are all busy with clients or of course when we are closed. PLEASE do leave a message, we will ring you back as promptly as we can, or please use our online booking system 24 hours a day to book or amend appointments.

**PROMOTIONS** - Occasionally, we have a promotion offering treatments to you at an exceptional value. This can be seen on our social media or via email. However, if you go online and register your details these will be emailed to you when they happen. Registered clients will be able to take advantage of appointment filling offers when they are available. We even send you an incredible offer in your birthday month.

**REWARD SCHEME** - Our reward scheme has seen many clients enjoying free treatments. Just give our recommend a friend card out and when 3 people have had their treatments with us, you will gain whatever your normal treatment is with us FREE!

**MEMBERSHIPS** - We offer numerous membership packages to ensure you make the time for yourself each month. All available to view and sign up to on our website.

**GIFT VOUCHERS** - Need a gift? What better than a gift of time and relaxation for a friend or loved one. We offer vouchers for a specified value, treatment, combination of treatments. If you are not able to come into the salon we can take payment over the phone or you can go through our website and pay via PayPal and print/email the voucher or of course we can post the gift voucher directly to you or the lucky recipient.

